

RANDOLPH COLLEGE

Declaration of Major

ID:

NAME:
(Last, First, Middle Initial)

Grad Month:

Grad Year:

Sport and Exercise Studies Major – Coaching & Sport Performance			2021-22 Catalog	
Courses	Course Title	Course Hours	Semester of Enrollment	Grade
One of the following:*		4		
BIOL 1103-1100L	Introductory Biology and Lab			
BIOL 1108-1100L	Human Biology and Lab			
Required:				
SES 1141	Professional Issues in Sport & Exercise Studies	1		
SES 1143	First-Aid and Safety	2		
SES 1163	Nutrition & Fitness Performance	4		
SES 1165	Lifetime Wellness	4		
SES 1166	Sport Psychology	4		
SES 2261	Exercise Physiology	4		
SES 3307	Motor Learning & Development	4		
SES 3364	Social and Ethical Issues in Sport	4		
Three of the following:		12		
MAC 2205	Media, Culture and Sport			
SES 2204	Leadership and Organizational Dynamics			
SES 2241	Exercise Adherence & Compliance			
SES 2262	LGBTQ+ Experiences in Sport			
SES 2263	Sport Management			
SES 3342	Psychology of Injury			
Activity classes:				
One of the following:*				
DANC 1131/1132	Elementary Dance Technique	0.5		
DANC 1141/1142	Ballet	0.5		
Required:				
P ED 1106	Aquatic Fitness and Conditioning	0.5		
P ED 1117	Weight Training	0.5		
Senior Program & Internship Experiences				
SES 4494	Senior Seminar	4		
EX L	Experiential Learning (EX L) in an appropriate area ¹	1-3		
Total for BA Degree in SES - Coaching & Sport Performance		49.5-52.5		

¹Internships must be pre-approved by the Director of the Sport and Exercise Studies program or the student's major advisor. The internship experience must be completed by the end of first semester senior year. Summer internships are also acceptable.

*Specify the courses you are using to fulfill the requirement, transfer courses or another course you are being allowed to substitute. Note: The Request for Substitution of Major/Minor Requirement Form must be completed for substituted courses.

I understand that I am responsible for successfully completing all courses listed by the end of my final year with a minimum GPA of 2.0 (rounded), for determining that scheduling will allow me to fulfill requirements, and for obtaining approval for any courses taken at another institution to count toward the major.

Signature of Student

Date

For Declaration of Major: Successful completion of the courses listed above satisfies major requirements.

Department Chair/Program Coordinator

Advisor will be